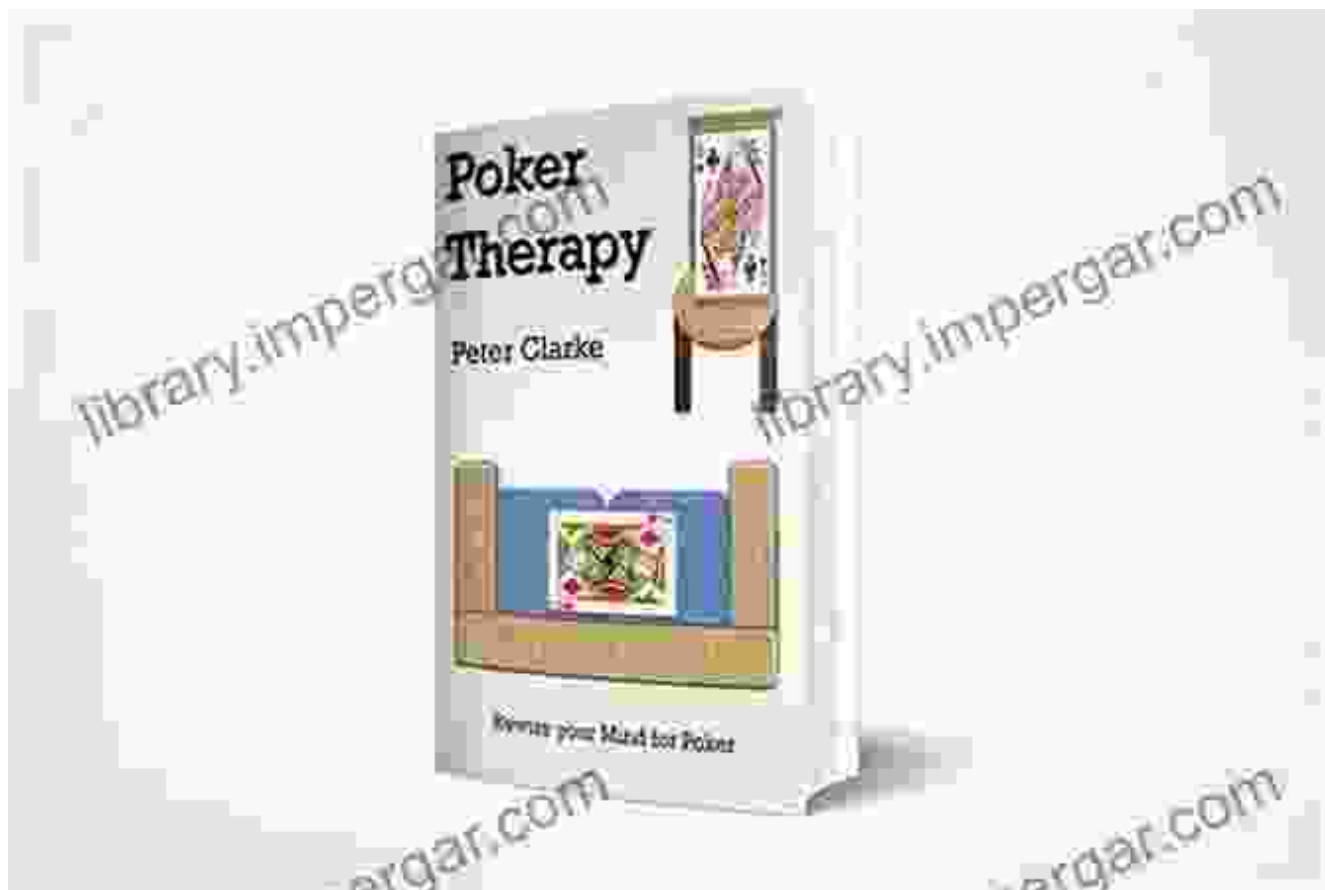


# Poker Therapy Rewire Your Mind For Poker: The Ultimate Guide to Mental Mastery in the Game



## Poker Therapy: Rewire your Mind for Poker

★★★★☆ 4.8 out of 5

Language : English  
File size : 19358 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 207 pages

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## **Unlock the Secrets of Poker Success with Poker Therapy**

Are you ready to take your poker game to the next level? *Poker Therapy: Rewire Your Mind For Poker* is the definitive guide to mastering the mental game of poker, empowering you to achieve consistent success at the poker table.

This comprehensive book delves into the psychological aspects of poker, providing you with the tools and techniques to:

- Overcome mental barriers and limiting beliefs
- Improve decision-making under pressure
- Develop a positive and focused mindset
- Manage tilt and emotional swings
- Build resilience and confidence

## **Discover the Revolutionary Approach to Poker Psychology**

*Poker Therapy* is not just another poker strategy book. It is a revolutionary approach to the mental game of poker, based on the latest research in psychology and neuroscience.

Written by renowned poker coach and mental game expert Dr. Jared Tendler, *Poker Therapy* provides a step-by-step framework for rewiring your mind for poker success.

Through a combination of practical exercises, case studies, and expert insights, Dr. Tendler guides you through a transformative journey, helping you to:

- Identify and challenge negative thought patterns
- Develop a growth mindset and embrace challenges
- Cultivate emotional regulation and stay composed under pressure
- Build self-awareness and make better decisions
- Create a winning mindset and achieve long-term success

### **Proven Results from the World's Top Poker Players**

Poker Therapy has been endorsed by some of the world's top poker players, including:

- Daniel Negreanu
- Phil Ivey
- Jason Koon
- Vanessa Selbst
- Shaun Deeb

These players have all used the principles of Poker Therapy to improve their mental game and achieve unprecedented success at the poker table.

### **Free Download Your Copy Today and Transform Your Poker Game**

Don't miss out on the opportunity to revolutionize your poker game with Poker Therapy Rewire Your Mind For Poker. Free Download your copy today and start your journey towards consistent poker success.

Available in paperback, hardcover, and eBook formats, Poker Therapy is the essential guide for any poker player who wants to unlock their full potential and achieve their poker dreams.

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## Testimonials

"Poker Therapy is a must-read for any poker player who wants to improve their mental game. Dr. Tendler provides a wealth of practical advice and insights that will help you overcome mental barriers and achieve consistent success." - Daniel Negreanu

"Poker Therapy is the best book I've read on the mental game of poker. It's full of actionable advice that I've been able to use to improve my game both on and off the table." - Phil Ivey

## About the Author

Dr. Jared Tendler is a renowned poker coach and mental game expert. He is the founder of Mental Game Coaching, a company that provides mental game coaching to poker players of all levels.

Dr. Tendler has worked with some of the world's top poker players, including Daniel Negreanu, Phil Ivey, and Jason Koon. He is also the author of the bestselling book *The Mental Game of Poker*.



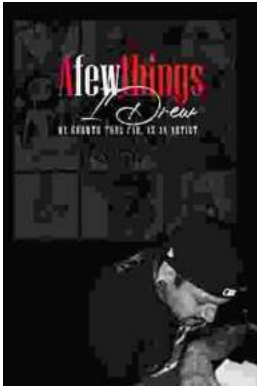
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